

# THE SIGNAL

April 2023



## CORONET'S CORNER

*From His Excellency Ulrich Hell Licht:*

Hello and greetings, the great and powerful people of the Barony of Vulcanfeldt. When I first took on the job as your coronet, I said I had three things I wanted to work on.

**1. Discuss carpooling, attending SCA events within and outside the Inlands, and making it easier to share resources.** Since September Crown, Her Excellency and I have attended (without my horses) eight events and managed to have at least one or two travel with us. We'd love to see more combined travel. Having fun is better when we have fun together. I think at both Barron's Ball and Oasis War we had really great turnouts.

**2. Look at modifying and adopting the SGTs program from Wastekeep and Wealdsmere.** We had a SGTs meeting and discussed some changes. For instance, memorizing outdated information serves no purpose, so we are trying to streamline the process, while also adding a travel passport of things prospective SGTs must do, contributing to the greater good for their growth and to build a stronger SCA.

**3. Emphasize the importance of breaking bread together with social events outside the council meeting.** After meetings or practice or events, we have gotten together to eat and socialize. Never, ever bring a new person to council; bring 'em to break bread together.

Well, we still have lots ahead. Baroness War is in four days! I see so much great work within the Barony. Our Master of Stables has consistently kept practices happening. I think at the last regional practice, we had over thirty people attend, including thirteen fighters and five rapiers! Whoo-hoo! GREAT JOB, Rurik!!! Iona is taking on the huge task of Baroness War and all the behind-the-scenes magic that has to be done, that no one sees unless it doesn't get done, and then everyone sees there's no TP in the Porta Johns. Ha Ha.

One last thing I'd like to interject: It has been a pleasure and an honor to be your Baron, representing the Barony. It was determined when we stepped up, that in one year's time a Confidence Polling would be done, due to the condition of the Barony last year. So, between July and September of 2023, the Kingdom will conduct a polling. If you had trouble last time getting your vote in or still do not have a working Kingdom login, get that squared away, sooner than later. Make your voice heard.

Vulcanfeldt, we are still a great work in progress. We need all hands on deck to bale the stuff off the ship's bottom, man the oars, sew and repair the sails, and stir the rudder. I am the blow-hard that fills the sails with hot wind, so either help or get out of the way. Either way Vulcanfeldt is sailing by.

---

*Be sure now that you have a working Kingdom login for the coming  
Confidence Polling!*

---

## BARONESS WAR XV 2023

As the weeks grow warmer and the light grows longer, the Baroness of Vulcanfeldt sends out a call of WAR across the land!

Baroness War XV is almost here! Please join us for the event on April 14 – 16. The Honorable Lady Ionamyst V Reginasdottir has been hard at work as Event Steward.

There will be many ways to earn war points for the side you choose: heavies upon the War Field, archery, thrown weapons, combat archery, equestrian events, Baroness Tea, merchants, largesse (six shall be the number and the number shall be six), and more.

**The lush lands of the Grandview County Park (812 Wallace Way, Grandview WA) will provide our backdrop. Gates will be open 12 pm – 10 pm on Friday and 8 am – 12 pm on Saturday.**

### Schedule

#### Friday, April 14th

12 pm Site Opens  
10 pm Quiet Time  
10 pm Gate Closes

#### Saturday, April 15th

8 am Gate Opens  
9 am Merchant's Row Opens  
9 am–10 am Drop off Arts and Sciences and/or Largesse Contests entries @ A&S Tent  
9 am - 4 pm Archery/Siege/Thrown Weapons @ Archery Range  
10 am Opening Court Vulcanfeldt Pavilion  
*\*Armor Inspection immediately following Court*  
*\*Pick up Siege Cooking packets immediately following Court @ Vulcanfeldt Pavilion*  
11 am Classes Begin (see below)  
11 am War Begins! @ War Field  
11 am - 2 pm Heavy Fighting @ War Field  
11 am Equestrian Begins @ Arena  
12 pm Gate Closes  
2 pm - 3 pm Queen's Cut and Thrust Tournament @ War Field  
3 pm - 5 pm Rapier Scenarios @ War Field  
3 pm - 4 pm Baroness Tea @ Wealdsmere Pavilion  
3 pm Pick up A&S Entries @ A&S Tent  
3 pm Siege Cooking Judging @ Vulcanfeldt Pavilion  
5:30 pm Evening Court @ Vulcanfeldt Pavilion  
6 pm Merchant's Row Closes @ Merchant's Row  
7:30 - 10 pm Bardic Gathering @ Vulcanfeldt Pavilion/War Field  
10 pm Quiet Time

#### Sunday, April 16th

9 am Court  
*\*Tournament of Champions Armor Inspection immediately following Court*  
10 am Tournament of Champions order:  
- Heavy @ War Field  
- Rapier @ War Field  
- Archery @ Archery Range  
- Equestrian Finals @ Arena

\*\*Directly after Tournament of Champions will be Closing Court

3 pm Site Closes

\*\*All activities will pause during court

### **Saturday Classes**

11 am Rapier 5 Rules of Combat by Meyers

12:30 pm Garb Necklines

6:30 pm Middle Eastern Dance

### **Seige Cooking**

Magistra Pompeia Rufina has crafted a special contest for the return of Siege Cooking to Baroness War!

#### **Guidelines:**

Each team may consist of no more than four people, regardless of age. All ages are encouraged to participate. At sign up, each team will be expected to list their teammates and declare for which army they are competing.

Each team will receive a set of ingredients. The teams will be allowed to contribute wet ingredients and spices from their own stores, provided that such ingredients would have been used in period. Wet ingredients include things like eggs, butter, milk, stock, beer, and wine. Teams will also have the chance to "forage" for wild ingredients that would have been available. "Forage" items will be hidden around site for teams to find. Only items marked as "Forage" by event staff will be allowed. Please do not forage any wild items. Bonus points will be awarded for finding and using "foraged" ingredients.

Teams will be expected to provide a detailed list of all ingredients for each dish prepared.

Teams will be judged on taste, appearance, and period authenticity as well food safety and handling.

The team with the highest overall score will be declared the winner and be awarded two war points for their declared army. The team with the second highest score will receive one war point for their declared army.

Siege Cooking packets are to be picked up immediately after morning Court at the Vulcanfeldt pavilion, with judging at 3 pm also in the Vulcanfeldt pavilion.

### **UPCOMING BARONIAL EVENTS**

**Barony Business Meetings:** Held on the second Monday every month at 7 pm at Round Table Pizza.

**Fight Practice:** Beginning May 2, held on Tuesday nights at 6:30 pm at The Barrel (13 E. Ranchrite Road, Yakima). All are welcome!

**Archery Practice:** Next practice April 19 at 6:30 pm at Colonial Lawn and Garden (1118 W Washington Ave., Yakima).

**Equestrian Practice:** May 17 at 6 pm at His Excellency Ulrich's house.

### **UPCOMING EVENTS THROUGHOUT THE KINGDOM**

To see what is happening this spring throughout the Kingdom (Honor War, May Crown, Celtic Revolt and more!), please visit [antir.org/events/](http://antir.org/events/).

### **LIBRARY**

Don't forget we have a full library available for your perusal at <https://vulcanfeldt.antir.org/barony-of-vulcanfeldt-library/>. To check out a book, please contact our Chatelaine at [Vulcanfeldt.Chatelaine@anitr.org](mailto:Vulcanfeldt.Chatelaine@anitr.org).

## CHERRY POTTAGE\*

Cherry season will be here soon. Here's something fancy you can do with those extra cherries.

---

'Tak cheryes & do out the stones & grynde hem wel & draw hem thorw a streynour & do it in a pot. & do therto whit gres or swete botere & myed wastel bred, & cast therto good wyn & sugre, & salte it & stere it wel togedere, & dresse it in disches; and set theryn clowe gilofre, & strewe sugre aboute.'

– *Mnesitheus, quoted in Oribasius, Medical Collections 4, 4, 1.*

---

This cherry pottage was a refined dish, made with wine and white bread, and called for the use of precious white sugar!

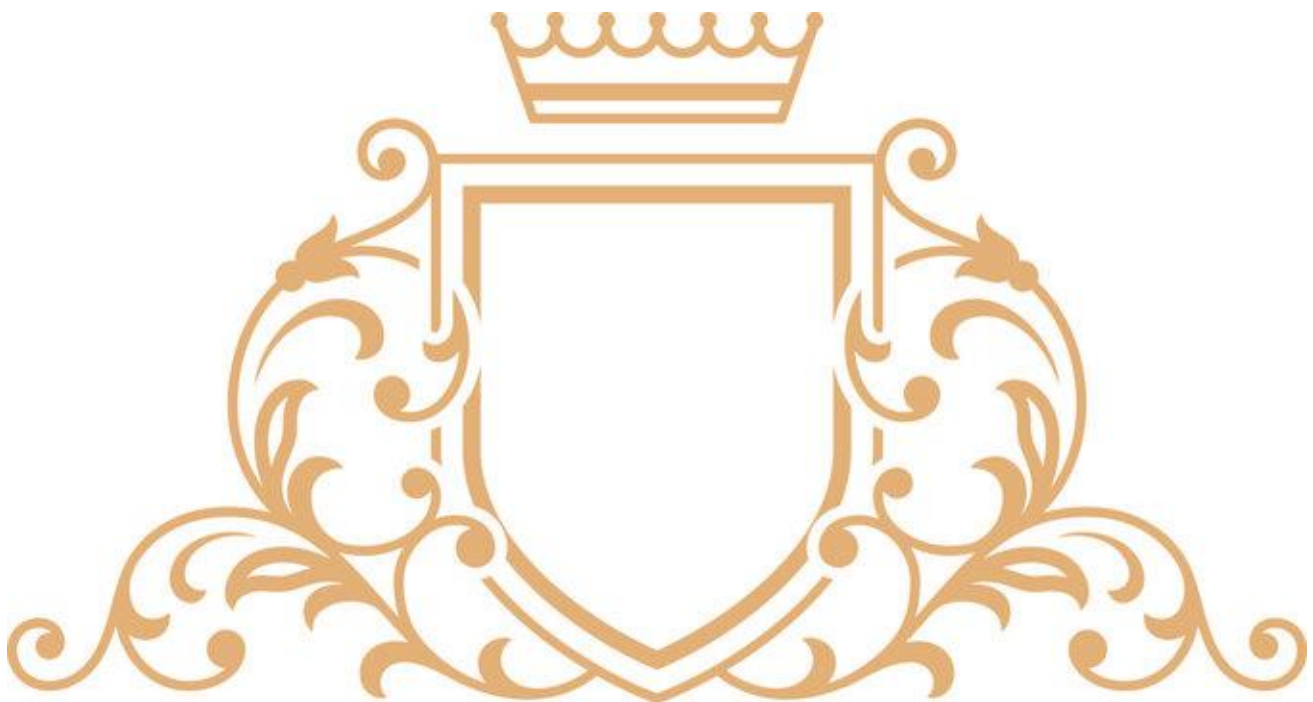
### Ingredients

- 4 cups fresh ripe red cherries
- 2 ¼ cups red wine
- ¾ cup white sugar
- 3 ½ tablespoons unsalted butter
- 2 cups soft white breadcrumbs
- Pinch of salt
- Flower heads of small clove pinks or gilded whole cloves
- Coarse white sugar for sprinkling

### Method

Wash the cherries and discard the stems and stones. Purée the fruit in a blender with 2/3 cup of the wine and half the sugar. Add a little more wine if you need to. Melt the butter in a saucepan and add the fruit purée, breadcrumbs, remaining wine, sugar, and salt. Simmer, stirring steadily, until the purée is very thick. Pour into a serving bowl, cover, and leave to cool. When very cold, decorate the edge of the bowl with flowers or whole cloves, and sprinkle coarse sugar over the center.

\*Adapted from the British Museum website: <https://www.britishmuseum.org/blog/how-cook-medieval-feast-11-recipes-middle-ages>



## BARONIAL OFFICERS

<b>Baroness</b>	Her Excellency Fiona Ingen Conchobair
<b>Baron</b>	His Excellency Ulrich Hell Licht
<b>Seneschal</b>	Lord Eldgrimr Hvikatimbr
<b>Minister of Arts &amp; Sciences</b>	The Honorable Lady Ionamyst V Reginasdottir
<b>Master of Stables/Heavy Marshall</b>	His Excellency Rurik Gjarvaldsson
<b>Archery Marshall</b>	The Honorable Lord Alric Ivarsson
<b>Chatelaine</b>	The Honorable Lady Dana Chathair Saibhin
<b>Exchequer</b>	Her Excellency Aesa Ormriauga
<b>Chamberlain</b>	Lord Davyd Stanley
<b>Chronicler</b>	Svanhildr Eyverska
<b>Herald</b>	Donal Strausbaugh
<b>Webminister</b>	Lord Asbiorn Esbjornson
<b>Social Media Deputy</b>	Lady Ryan Arrowseeker
<b>Scribe</b>	Ysabet of Vulcanfeldt

## IMPORTANT LINKS

Barony of Vulcanfeldt Website: <https://vulcanfeldt.antir.org/>

Barony of Vulcanfeldt Facebook Page: <https://www.facebook.com/Vulcanfeldt/>

Barony of Vulcanfeldt Discussion Group: <https://www.facebook.com/groups/201003799915766>

Kingdom of An Tir Website: <https://antir.org/>



*This is the Spring 2023 issue of The Signal, the official newsletter of the Barony of Vulcanfeldt in the Kingdom of An Tir. Vulcanfeldt is a branch of the Society for Creative Anachronism, Inc. The SCA is devoted to the research and re-creation of pre-seventeenth century skills, arts, combat, culture, and employing knowledge of history to enrich the lives of participants through events, demonstrations, and other educational presentations and activities.*