

THE SIGNAL

January 2023



CORONET'S CORNER

From His Excellency Ulrich Hell Licht:

Woohoo, what a ride! To say it has been a busy month would be an understatement. It has been Our honor to be selected as the Coronets for the barony. Since September Crown, Fiona and I have been busy. We were tasked by the King to "rebuild community." Since then, we have attended six events as representatives of the Barony.

We had an Intro to Rapier event with twenty-nine people in attendance, including several new folks. Thank you, Roma and Master Andrew and countless others from Wastekeep, who supported the practice. Since then, we have had great success in attendance at Fight Practice, and I'd like to thank Rurik for his vision as Master of Stables. The number of fighters has grown steadily each week. I am pleased to see newbies attend and receive instruction and help developing their kits and their fighting. I believe that in the future this will pay dividends, while strengthening our community.

At the last Council meeting, we had fourteen attendees. That's up from a low of seven a few months ago. Thanks to Lord Eldgrimr stepping up as Seneschal and running the meetings. Thank you for keeping us on track.

We'd like to thank Her Ladyship Dana, for her hard work making Vulcanalia a success, and let us not forget the many hands that made the labor easier. We could not do it without your help. We selected our Champions at the event. I look forward to Yule, which will have already passed by the time this is published. Then it is on to planning Baroness War.

The Barony is up and thriving and moving forward, though we have missed many of you in the last year. The long tunnel is clearing as we see the light at the end of the plague. Soon spring will be upon us. If you missed your SCA passions, come back. We miss you! Dust off your projects, oil and clean your armor, get the soap out and clean your saddle. Your next great adventure is just around the corner. It will be here before you realize it! Come see what we are doing and add your passions to our SCA family. Vulcanfeldt needs you. Maybe, just maybe, you missed us too?

Within the spirit of inclusion, if you see less than honorable deeds, don't wait to inform others, say something, and stop the behavior. Baroness and I cannot see all the wonderful things you do. If you see good works or deeds, let us know, please, so we may give credit where credit is due.

I look forward to seeing you at events!

RECENT AWARDS

Argent Owl:

Sir Steinnar Ravensfury

Alerion:

Bjorn Thorvaldson

Wyvern's Grip:

Dana Chathair Saibhin

Atta Boy Belt:

Cole

New A & S Champion:

Baroness Aesa Ormriauga

“Everyone is a Chatelaine.”

– Baron Ulrich Hell Licht

SEPTEMBER CROWN: NEW CORONETS

The big news for our Barony from September Crown is that we have a new Baron and Baroness! Baron Ullrich Hell Licht and Bran Bharun Fiona Ingen Conchobair have stepped up with enthusiasm and passion, in service to the populace. Thank you!

VULCANALIA 2022

Last September, our Barony hosted Vulcanalia. Thanks to Her Ladyship Dana Chathair Saibhin and Her Excellency Isa Ormriauga, as event steward and deputy event steward, for a huge success! We counted eighty-four people in attendance.



Vulcanalia 2022 Court. Photo: Svanhildr Eyverska.

The following championships were awarded:

- **Heavy Champion:** Sir Steinnar Skeggison
- **Rapier Champion:** Salvador Rodrigo de Grenada
- **Archer Protector:** Fergus William Biggs

Our contest winners were:

- **Arts & Sciences Winner:** Aelfwynn Spearheafocesdohter
- **Populace Choice and Largesse Winner:** Izza al-Dimashaiyya
- **Bardic Champion:** Magdalyn Tynkere



HE Ulrich Hell Licht and HE Fiona Ingen Conchobair at September Crown

YULE 2022

The year has flown by, and Yule was a great way to end it, thanks to His Excellency Rurik Gjarvaldsson and his deputy event steward, Ionamyst Reginasdottir, and all the volunteers who stepped up. There were eighteen people in attendance, including five joining us for their first SCA event, making for a cozy day of food and friendship.

The following awards were given:

- **Argent Owl:** Sir Steinnar Ravensfury
- **Alerion:** Bjorn Thorvaldson
- **Wybern's Grip:** Dana Chathair Saibhin
- **Atta Boy Belt:** Cole
- **New A & S Champion:** Baroness Aesa Ormriauga

Congratulations to all!



Yule 2022. Photo: Ionamyst Reginasdottir.

UPCOMING BARONIAL EVENTS

Barony Business Meetings: Held on the second Monday of every month at Round Table Pizza.

Fight Practice: Held on Saturdays, 9 am to 12 pm, at The Barrel: 13 E. Ranchrite Road. All are welcome!

Archery Practice: TBD

Equestrian Practice: Will start up on Wednesdays in March.

UPCOMING EVENTS THROUGHOUT THE KINGDOM*

Twelfth Night: Jan. 13 – 15

Winter's End: Jan. 21

Ursulmas: Jan. 27 – 29

Dragon's Laire and Blatha an Oir Candlemas: Feb. 4

Feast of the Snow Moon: Feb. 11

Summits Alpine Festival of the Arts: Feb. 17 – 20

Kingdom Arts and Sciences and Queen's Rapier Championship: Feb. 24 – 26

Rogue Tavern Returns: Mar. 4

Carnevale: Mar. 11

Summits Spring Coronet: Mar. 17 – 19

Oasis War: Mar. 25

Sven's Follies: Mar. 25

Lyceum: Apr. 8

Baroness War: Apr. 14 – 16

Honor War: Apr. 21 – 23

*For more details, visit antir.org/events/.



Nídhögger eating the roots of Yggdrasil, from a carving at the stave church at Urnes, Norway.



LIBRARY

Don't forget we have a full library available for your perusal at <https://vulcanfeldt.antir.org/barony-of-vulcanfeldt-library/>. To check out a book, please contact our Librarian at Vulcanfeldt.Librarian@antir.org.

A Dutch book of hours, ca. 1470, with illuminated miniatures attributed to the Masters of the Zwolle Bible. Boston Public Library.



The Supper at Emmaus. Print by Israhel van Meckenem. c. 1480. Engraving. British Museum.

PIMENT OR MEDIEVAL MULLED WINE*

Piment was the general name for sweetened spiced wines in the Middle Ages. The first recipes for spiced wine appeared at the end of the 13th century and the beginning of the 14th century.

The drink became extremely popular and was regarded as having various medicinal or even aphrodisiac properties. Spices were among the most luxurious products available in the Middle Ages.

Ingredients

1.5 bottles red wine

¾ cup white sugar

1 tbsp ground cinnamon

1/4 tbsp ground ginger

1 tsp each ground cloves, grated nutmeg, marjoram (fresh if possible), ground cardamom, ground black pepper and a pinch of grated galingale (if available; you can substitute ginger)

Method

Warm the wine until it just begins to steam. Add the sugar and allow to dissolve. Mix all the spices and herbs together. Stir half this mixture into the wine, then taste and slowly add more until you achieve a flavor you like (you will probably need most, or all, of the mixture). Simmer your mix very gently for 10 minutes. Strain through a jelly bag (which may take some hours). Bottle when cold, then cork securely. Use within a week.

*Adapted from the British Museum website: <https://www.britishmuseum.org/blog/how-cook-medieval-feast-11-recipes-middle-ages>



BARONIAL OFFICERS

Baroness	Her Excellency Fiona Ingen Conchobair
Baron	His Excellency Ulrich Hell Licht
Seneschal	Lord Eldgrimr Hvikatimbr
Minister of Arts & Sciences	The Honorable Lady Ionamyst V Reginasdottir
Master of Stables/Heavy Marshall	His Excellency Rurik Gjarvaldsson
Archery Marshall	The Honorable Lord Alric Ivarsson
Chatelaine	The Honorable Lady Dana Chathair Saibhin
Exchequer	Her Excellency Aesa Ormriauga
Chamberlain	Lord Davyd Stanley
Chronicler	Svanhildr Eyverska
Herald	Donal Strausbaugh
Webminister	Lord Asbiorn Esbjornson
Social Media Deputy	Lady Ryan Arrowseeker
Scribe	Ysabet of Vulcanfeldt

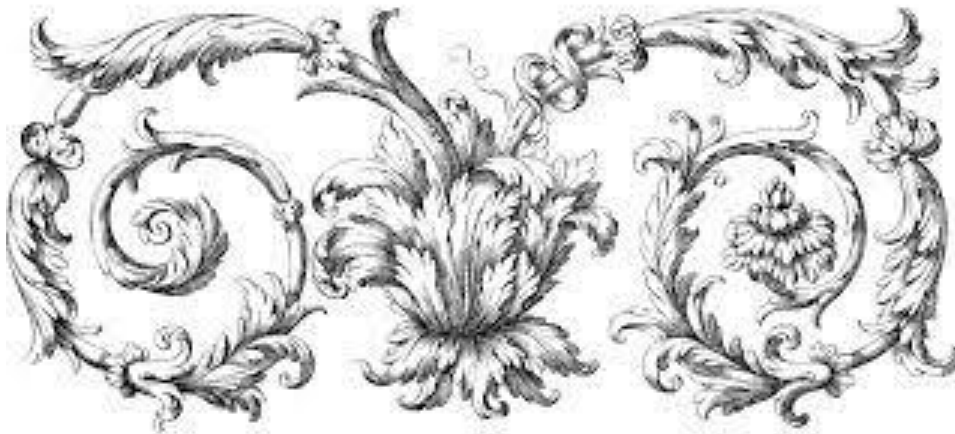
IMPORTANT LINKS

Barony of Vulcanfeldt Website: <https://vulcanfeldt.antir.org/>

Barony of Vulcanfeldt Facebook Page: <https://www.facebook.com/Vulcanfeldt/>

Barony of Vulcanfeldt Discussion Group: <https://www.facebook.com/groups/201003799915766>

Kingdom of An Tir Website: <https://antir.org/>



This is the Winter 2023 issue of *The Signal*, the official newsletter of the Barony of Vulcanfeldt in the Kingdom of An Tir. Vulcanfeldt is a branch of the Society for Creative Anachronism, Inc. The SCA is devoted to the research and re-creation of pre-seventeenth century skills, arts, combat, culture, and employing knowledge of history to enrich the lives of participants through events, demonstrations, and other educational presentations and activities.